



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	10:00-10:55 Gymsters (3-5yrs) Gymnastics	10:00-10:45 Wild Things (14mo-2.5yrs) Parent/Child		
				10:30-11:15 Super Wild Things (2-3yrs) Gymnastics
12:30-1:15 Buti-Yoga Instructor- Imara Jackson	12:30-1:30 Barre Sculpt Instructor- Ashley Ferguson	12:30-1:30 Strong Nation Instructor- Imara Jackson	12:30-1:30 Barre Core Instructor- Traci Rodriguez	12:30-1:00 Strong 30 Instructor- Imara Jackson
				1:15-2:15 Aerial Fitness Instructor- Cameron Moreland
3:30-4:25 Gymstars 1 (4-6yrs) Gymnastics	3:30-4:25 Gymstars 2 (4-7yrs) Gymnastics	3:30-4:25 Gymsters (3-5yrs) Gym/Dance combo	3:30-4:25 Beg. Tumbling (5yrs+)	3:30-4:25 Ninja Fit Minis (4-6yrs)
4:30-5:25 Beg/Inter. Tumble 1 (5yrs+)	4:30-5:25 Allstars (4-7yrs) Gym/Dance combo	4:30-5:25 Allstars 1 (5-7yrs) Gymnastics	4:30-5:25 Allstars 2 (5-7yrs) Gymnastics	4:30-5:25 Aerials (8yrs+)
4:30-5:25 Hip Hop (5yrs+)				4:30-5:25 Ninja Fit (5-10yrs)
5:30-6:15 Dance/Tumble (3-5yrs) 3-5yrs	5:30-6:15 Wild Things (14mo-2.5yrs) Parent/Child	5:30-6:25 Gymsters (3-5yrs) Gymnastics	5:30-6:25 Hotshot (7-9yrs) Dance/Gym Combo	
5:30-6:25 Hot Shots 2 (7-10yrs) Int/Adv. Level	5:30-6:25 Ballet/Tap Combo (5-8yrs)	6:30-7:25 Hot Shots 1 (7-10yrs) Beg/ Int. Level	6:00-6:55 HotShots (7-11yrs) Hiphop/Gym combo	
6:30-7:30 Tumble 2 Int/Adv. Level	6:30-7:25 Cheer/Tumble (5yrs+)		7:15-8:30 Bungee Fit Instructor- Madeline Mayo	
6:30-7:30 WERQ Instructor- Jade Chastain	6:30-7:25 Ballet/Lyrical (7-11yrs)	6:30-7:30 Barre Sculpt Instructor- Ashley Ferguson		

ADULT SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:30-1:15 Buti-Yoga Childcare available Instructor- Imara Jackson	12:30-1:30 Barre Sculpt Childcare available Instructor- Ashley Ferguson	12:30-1:30 Strong Nation™ Childcare available Instructor- Imara Jackson	12:30-1:30 Barre Core Childcare available Instructor- Traci Rodriguez	12:30-1:30 Strong 30™ Childcare available Instructor- Imara Jackson
				1:15-2:15 Aerial Fitness Childcare available Instructor- Cameron Moreland
6:30-7:30 WERQ NO Childcare available Instructor- Jade Chastain		6:30-7:30 Barre Sculpt NO Childcare available Instructor- Ashley Ferguson	7:15-8:30 Bungee Fit NO Childcare available Instructor- Madeline Mayo	